

## Restaurant Recommendations from Nashvillians

\$: under \$10 // \$\$: \$10-\$25 // \$\$\$: \$25+

\*\* Special friends of the Land Trust for Tennessee, supporting local farms and the state's natural landscapes.

### **DOWNTOWN**

*These restaurants are an easy walking distance from the Sheraton for breakfast, coffee, lunch, and dinner. Also look for the food trucks one block away on 7<sup>th</sup> Ave. (next to Tennessee Tower) at lunchtime.*

### **\$-\$\$**

**\*\*Frothy Monkey** (\$-\$\$, 235 5<sup>th</sup> Ave. N., 615-292-1808)

Open from 7 AM – 10 PM, this casual downtown eatery serves breakfast and sandwiches all day and a small dinner menu beginning at 5 PM.

**Varallo's** (\$, 239 4<sup>th</sup> Ave. N., 615-256-1907)

This classic Nashville home-style "chile" parlor is open for breakfast and lunch.

**The Arcade** (\$, 5<sup>th</sup> Ave. between Church and Union)

This National Register-listed building features an enclosed shopping arcade with seventeen art galleries and studios. Restaurants include Manny's House of Pizza, The Back-Alley Diner, Greek Touch, and more.

**Bobbie's Dairy Dip** (\$-\$\$, 223 4th Ave. N., 615-770-2770)

Come to Bobbie's for ice cream, milkshakes, and burgers—including black bean burgers for vegetarians.

**Oscar's Taco Shop** (\$-\$\$, 530 Church St., 615-251-1507)

Stop by Oscar's for some quick, tasty, and inexpensive California-style Mexican food: tacos, burritos, enchiladas, and more. Open 9 AM- 9 PM Monday-Saturday.

**Rae's Gourmet Sandwich Shop** (\$-\$\$, 501 Union St., 615-313-7237)

This lunch spot serves sandwiches, soups, and salads from 11 AM- 2 PM. They also deliver in the downtown area with a minimum \$30 order.

**Pacifica** (\$-\$\$, 506 Church St., 615-252-4077)

Pacifica serves made-to-order Pan-Asian cuisine (mostly Thai and Chinese) for the downtown work crowd from 10:30 AM -3:00 PM.

**Provence Café** (\$\$, Church at 6<sup>th</sup> Ave. N., 615-664-1150)

This locally-owned French bakery-style restaurant, located in the Nashville Public Library building, serves fresh-baked breads and pastries and good coffee. They also offer grab-and-go sandwiches, salads, soups, and daily lunch specials. Open 7 AM (9 AM Saturday)-4 PM.

**Fleet Street Pub** (\$\$, 207 Printers Alley, 615-200-0782)

This British-themed restaurant and bar serves traditional pub fare and beers from the UK and Ireland. Open daily from 11 AM-1 AM.

**Koto Sushi Bar** (\$\$, 421 Union St., 615-255-8122)

This low-key sushi spot is open from 11 AM- 2 PM for lunch Monday through Friday and for dinner beginning at 5 PM.

**417 Union** (\$\$, 417 Union St., 615-401-7241)

This upmarket meat and three is open 7-3 Sunday-Wednesday and 7-8 Thursday-Saturday and serves a wide array of breakfast specials, craft burgers, and Southern table favorites. They also serve local beers.

**Tazza** (\$\$, 510 Church St., 615-742-3223)

There will be something for everyone at Tazza, where the menu features a wide range of options and it's pretty easy to get a table. They also deliver downtown with a \$10 minimum. Open daily from 10 AM-11 PM.

**Puckett's Grocery & Restaurant** (\$\$, 500 Church St., 615-770-2772)

Puckett's, "the hipster's Cracker Barrel," serves Southern food with a modern twist. The full bar and nightly live music make it a popular evening spot as well.

**\$\$\$-\$\$\$\$**

**\*\*The Capitol Grille, Hermitage Hotel** (\$\$\$+, 231 6<sup>th</sup> Ave. N., 615-345-7116)

If you're feeling fancy, check out The Capitol Grille (open 6:30 AM-2:00 PM and 5:30 PM-10PM) in the basement of the historic Hermitage Hotel for farm-to-table food—and maybe a drink at the Oak Bar next door.

**BROADWAY AND SOUTH OF BROADWAY**

*These restaurants are half a mile to a mile away from the Sheraton and still walkable.*

**\$-\$\$**

**Bongo Java** (\$, 250 5th Ave. S., Omni Hotel Nashville)

The downtown location of this popular local coffee roaster (Nashville's oldest and hippest) serves organic, fair-trade coffee and fresh baked goods daily from 6 AM-7 PM.

**Arnold's Country Kitchen** (\$, 605 8<sup>th</sup> Ave. S., 615-256-4455)

Arnold's is one of the few remaining classic "meat and three" restaurants in Nashville. The authentic, no-frills atmosphere and traditional Southern food served cafeteria-style makes it popular with locals. Open for lunch only, 10:30 AM- 2:30 PM.

**Jack's Bar-B-Que** (\$-\$\$, 416 Broadway, 615-254-5715)

Come here for good BBQ in the heart of the honky-tonks of Lower Broad.

**\$\$-\$\$\$**

**Merchant's** (\$\$ downstairs-\$\$\$\$ upstairs, 401 Broadway, 615-254-1892)

Enjoy a casual pharmacy-style bar and casual bistro dining downstairs, or head upstairs and splurge on a fine dining experience on the second floor. Downstairs bistro opens at 11 AM; Second floor opens for dinner at 5 PM.

**Acme Feed and Seed** (\$\$, 101 Broadway, 615-915-0888)

Located in a newly-restored historic feed store building, Acme offers sandwiches, bar food, sushi, cocktails, and live music on the first two floors—and the occasional dance party on the roof.

**Ichiban** (\$\$-\$\$\$ , 101 2<sup>nd</sup> Ave. N., 615-244-7900 )

Nashville’s oldest sushi restaurant opened for Nissan and Toshiba executives in the 1980s. Come for lunch or dinner—the sushi and the ramen both come highly recommended.

**The Southern Steak & Oyster** (\$\$\$, 150 3<sup>rd</sup> Ave. S., 615-724-1762)

The Southern, in the Pinnacle Building at Symphony Place, was recently named the best oyster bar in the city by the *Nashville Scene* (and a runner-up for best brunch). Open 7:30 AM-10:00 PM during the week and 10 AM-10PM on weekends (when they serve brunch).

**FURTHER AFIELD**

*Due to distance or location, these restaurants aren’t really walkable from the hotel. We suggest you take a cab if you’re in the mood to venture forth.*

**\$-\$\$**

**Crema** (\$-\$\$, 15 Hermitage Ave., 615-255-8311)

Hip, nationally-awarded coffee roasters in Rutledge Hill.

**Suzu Wong’s House of Yum** (\$\$, 1517 Church St., 615-329-2913)

Asian fusion cuisine and craft cocktails served in a stylish storefront restaurant.

**Hattie B’s** (\$\$, 5209 Charlotte Ave., 615-678-4794)

Nashville-style “Hot” Chicken in a trendy drive-in/eat-in restaurant. Carry-out recommended

**Marché Artisan Café** (\$\$-\$\$\$ , 1000 Main St., 615-262-1111)

Casual European-style café affiliated with Margot Café and popular with East End locals.

**\$\$\$+**

**Pinewood Social** (\$\$-\$\$\$ , 33 Peabody St., 615-751-8111)

Enjoy cocktails, bowling, or karaoke with your New American food. Reservations recommended

**Margot Café** (\$\$\$, 1017 Woodland St., 615-227-4668)

The menu, which offers rustic French and Italian cuisine, changes daily. Reservation highly recommended

**Husk** (\$\$\$-\$\$\$\$, 37 Rutledge Ave., 615-256-6565)

Southern-influenced farm to table food prepared by a James Beard Award-winner. Reservations essential.

**\*\*Rolf & Daughters** (\$\$\$\$ , 700 Taylor St., 615-866-9897)

Seasonal menu with Italian influences, served at communal tables in a renovated historic mill.