



Summer is here, and it's a good time to reflect on *sustainable advocacy* and how we can support our values year-round with small but meaningful actions while taking our own well-being into account.

1. Postcards with Purpose

While you're out exploring, grab a few postcards! If you're at home, you can make a \$10 [donation](#) to the NCPH Annual Fund and get a package of public history postcards mailed directly to you. Use your postcards to:

- **Thank** public servants, National Park Service staff, or elected officials for their work
- **Encourage** support for key public history issues
- **Advocate** for something new you're passionate about (even if it's outside your usual lane or sphere of interest)

Save your extras—we plan to host another Zoom postcard writing session this September to write, reflect, and reconnect. Or consider hosting a postcard writing session yourself with friends or co-workers.

2. Use Your Voice

Pick an issue and direct your efforts where they can have an impact.

- **Write to the [Public Lands Caucus](#)** to express support for preserving public lands, their histories, and equitable public land access.
- **Oppose RIFs.** Contact your representatives and tell them that using Reductions in Force (RIFs) to gut agencies like the [NEH](#), [NARA](#), [IMLS](#), or [NPS](#) is unacceptable.
- **Fight funding cuts in the current budget reconciliation bill.** Sample scripts for contacting your representatives: <https://ncph.org/wp-content/uploads/2025/06/NCPH-Advocacy-Call-to-Action-June-2025.pdf>.
- **Support bills to fully staff the National Park Service and US Forest Service.** Sample scripts for contacting your representatives: <https://ncph.org/wp-content/uploads/2025/06/NCPH-Advocacy-Call-to-Action-June-2025.pdf>.
- **Praise your favorite National Park.** Leave supportive feedback about the value of accurate, inclusive interpretation at historic sites here: <https://www.nps.gov/aboutus/eo14253.htm>. Read our last advocacy alert for more context and ideas of what to submit: <https://ncph.org/wp-content/uploads/2025/06/NCPH-Call-to-Action-13-June-2025.pdf>.

3. Follow and Amplify

Stay inspired with advocacy updates from groups like the [National Parks Conservation Association](#). Their action alerts make it easy to stay engaged. The [National Trust for Historic Preservation](#) is offering a summer webinar series on fundraising, job search strategies, and navigating our new reality and also has a [grassroots advocacy page](#). Check out NCPH's own [Advocacy Resource Page](#) for more leads and support: <https://ncph.org/what-is-public-history/advocacy/advocacy-resources/>.

4. Self and Community Care

This summer, let's prioritize rest and joy as vital to our work. Some things our committee members are doing:

- Denise is dog-sitting
- Lacey is baking
- Sharon and Nicole are gardening
- Tracy got a new pup
- Rachel went for a walk
- Will went camping off grid
- Adrienne ignored social media, news, and email for seven days

Here are some additional [strategies for self and community care](#) you might try. And check out the [Historic Preservation & Cultural Resources Mutual Aid Network](#) interest form started by Raina Regan. This network seeks to build support for preservation, history and cultural resource professionals impacted by job loss.

5. Serotonin Boost: Public History Pets!

Because we all need happiness in our lives, we're closing with images of furry friends from our committee members. Please share your public history pets on socials and tag @publichistorians or @ncph to spread the happy vibes!

PUBLIC HISTORY PETS!

Tupelo
Stoutamire



Sir Francis
Leon



Albus & Chewbacca
Stoutamire



Loofy Neumann-
Kershaw



Pepper Ann
Hobson



Theodore &
Sunshine
Rowe

Cosmos
Cantwell



Morticia
Burke