Restaurant Recommendations from Nashvillians

$: under $10 // $$: $10-$25 // $$$: $25+

** Special friends of the Land Trust for Tennessee, supporting local farms and the state's natural landscapes.

** DOWNTOWN
**These restaurants are an easy walking distance from the Sheraton for breakfast, coffee, lunch, and dinner. Also look for the food trucks one block away on 7th Ave. (next to Tennessee Tower) at lunchtime.**

**-$**

**Frothy Monkey ($-$, 235 5th Ave. N., 615-292-1808)**
Open from 7 AM – 10 PM, this casual downtown eatery serves breakfast and sandwiches all day and a small dinner menu beginning at 5 PM.

**Varallo’s ($, 239 4th Ave. N., 615-256-1907)**
This classic Nashville home-style “chile” parlor is open for breakfast and lunch.

**The Arcade ($, 5th Ave. between Church and Union)**
This National Register-listed building features an enclosed shopping arcade with seventeen art galleries and studios. Restaurants include Manny’s House of Pizza, The Back-Alley Diner, Greek Touch, and more.

**Bobbie’s Dairy Dip ($-$, 223 4th Ave. N., 615-770-2770)**
Come to Bobbie’s for ice cream, milkshakes, and burgers—including black bean burgers for vegetarians.

**Oscar’s Taco Shop ($-$, 530 Church St., 615-251-1507)**
Stop by Oscar’s for some quick, tasty, and inexpensive California-style Mexican food: tacos, burritos, enchiladas, and more. Open 9 AM - 9 PM Monday-Saturday.

**Rae’s Gourmet Sandwich Shop ($-$, 501 Union St., 615-313-7237)**
This lunch spot serves sandwiches, soups, and salads from 11 AM- 2 PM. They also deliver in the downtown area with a minimum $30 order.

**Pacifica ($-$, 506 Church St., 615-252-4077)**
Pacifica serves made-to-order Pan-Asian cuisine (mostly Thai and Chinese) for the downtown work crowd from 10:30 AM -3:00 PM.

**Provence Café ($$, Church at 6th Ave. N., 615-664-1150)**
This locally-owned French bakery-style restaurant, located in the Nashville Public Library building, serves fresh-baked breads and pastries and good coffee. They also offer grab-and-go sandwiches, salads, soups, and daily lunch specials. Open 7 AM (9 AM Saturday)-4 PM.

**Fleet Street Pub ($$, 207 Printers Alley, 615-200-0782)**
This British-themed restaurant and bar serves traditional pub fare and beers from the UK and Ireland. Open daily from 11 AM-1 AM.
Koto Sushi Bar ($$, 421 Union St., 615-255-8122)
This low-key sushi spot is open from 11 AM-2 PM for lunch Monday through Friday and for dinner beginning at 5 PM.

417 Union ($$, 417 Union St., 615-401-7241)
This upmarket meat and three is open 7-3 Sunday-Wednesday and 7-8 Thursday-Saturday and serves a wide array of breakfast specials, craft burgers, and Southern table favorites. They also serve local beers.

Tazza ($$, 510 Church St., 615-742-3223)
There will be something for everyone at Tazza, where the menu features a wide range of options and it’s pretty easy to get a table. They also deliver downtown with a $10 minimum. Open daily from 10 AM-11 PM.

Puckett’s Grocery & Restaurant ($$, 500 Church St., 615-770-2772)
Puckett’s, “the hipster’s Cracker Barrel,” serves Southern food with a modern twist. The full bar and nightly live music make it a popular evening spot as well.

$$$$-$$$$

**The Capitol Grille, Hermitage Hotel ($$$+, 231 6th Ave. N., 615-345-7116)**
If you’re feeling fancy, check out The Capitol Grille (open 6:30 AM-2:00 PM and 5:30 PM-10PM) in the basement of the historic Hermitage Hotel for farm-to-table food—and maybe a drink at the Oak Bar next door.

BROADWAY AND SOUTH OF BROADWAY
*These restaurants are half a mile to a mile away from the Sheraton and still walkable.*

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Bongo Java ($, 250 5th Ave. S., Omni Hotel Nashville)
The downtown location of this popular local coffee roaster (Nashville’s oldest and hippest) serves organic, fair-trade coffee and fresh baked goods daily from 6 AM-7 PM.

Arnold’s Country Kitchen ($, 605 8th Ave. S., 615-256-4455)
Arnold’s is one of the few remaining classic “meat and three” restaurants in Nashville. The authentic, no-frills atmosphere and traditional Southern food served cafeteria-style makes it popular with locals. Open for lunch only, 10:30 AM-2:30 PM.

Jack’s Bar-B-Que ($-$$, 416 Broadway, 615-254-5715)
Come here for good BBQ in the heart of the honky-tonks of Lower Broad.

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Merchant’s ($$ downstairs-$$$$$ upstairs, 401 Broadway, 615-254-1892)
Enjoy a casual pharmacy-style bar and casual bistro dining downstairs, or head upstairs and splurge on a fine dining experience on the second floor. Downstairs bistro opens at 11 AM; Second floor opens for dinner at 5 PM.
Acme Feed and Seed ($$, 101 Broadway, 615-915-0888)
Located in a newly-restored historic feed store building, Acme offers sandwiches, bar food, sushi, cocktails, and live music on the first two floors—and the occasional dance party on the roof.

Ichiban ($$-$ $$, 101 2nd Ave. N., 615-244-7900)
Nashville’s oldest sushi restaurant opened for Nissan and Toshiba executives in the 1980s. Come for lunch or dinner—the sushi and the ramen both come highly recommended.

The Southern Steak & Oyster ($$$, 150 3rd Ave. S., 615-724-1762)
The Southern, in the Pinnacle Building at Symphony Place, was recently named the best oyster bar in the city by the Nashville Scene (and a runner-up for best brunch). Open 7:30 AM-10:00 PM during the week and 10 AM-10PM on weekends (when they serve brunch).

FURTHER AFIELD
Due to distance or location, these restaurants aren’t really walkable from the hotel. We suggest you take a cab if you’re in the mood to venture forth.

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Crema ($-$$, 15 Hermitage Ave., 615-255-8311)
Hip, nationally-awarded coffee roasters in Rutledge Hill.

Suzy Wong’s House of Yum ($$, 1517 Church St., 615-329-2913)
Asian fusion cuisine and craft cocktails served in a stylish storefront restaurant.

Hattie B’s ($$, 5209 Charlotte Ave., 615-678-4794)

Marché Artisan Café ($$-$ $$$, 1000 Main St., 615-262-1111)
Casual European-style café affiliated with Margot Café and popular with East End locals.

$$ $$+
Pinewood Social ($$-$ $$, 33 Peabody St., 615-751-8111)
Enjoy cocktails, bowling, or karaoke with your New American food. Reservations recommended

Margot Café ($$$, 1017 Woodland St., 615-227-4668)
The menu, which offers rustic French and Italian cuisine, changes daily. Reservation highly recommended

Husk ($$$-$ $$ $$, 37 Rutledge Ave., 615-256-6565)
Southern-influenced farm to table food prepared by a James Beard Award-winner. Reservations essential.

**Rolf & Daughters ($$$$,$ 700 Taylor St., 615-866-9897)
Seasonal menu with Italian influences, served at communal tables in a renovated historic mill.